

h2u[®] become a member today!

The h2u program is dedicated to understanding the unique health needs of adults and providing them valuable health information, resources and experiences.

new member DATE: _____

FIRST NAME MIDDLE INITIAL LAST NAME

ADDRESS

CITY

STATE ZIP CODE

PHONE

E-MAIL ADDRESS

DATE OF BIRTH LAST 4 DIGITS OF S.S.#

PLEASE CHECK ONE:

GENDER

Male Female

MARITAL STATUS

Single Married Widowed

CHILDREN

At home Grown N/A

CAREGIVER FOR

Grandchild Parent Other

WORK STATUS

Full-time Part-time Retired

Occupation: _____

How often do you use the Internet?

Daily Weekly Monthly N/A

How did you hear about h2u?

Friends/current member www.h2u.com
 Sponsoring hospital Physician's office
 Seminar/speaker/event Health fair
 Newspaper Mail
 Other, please specify: _____

I am joining h2u for:

Discounts Health information
 Online health tools Social activities
 Member hospital privileges Health screenings

health interests

Have you ever been a patient in the hospital that sponsors this h2u program? Yes No

Have you ever received outpatient services at the hospital that sponsors this h2u program? Yes No

Do you have a physician to care for your routine health-care needs? Yes No

The following health topics would interest me:

Please check all that apply

Heart & vascular health Neurology
 Women's health Sleep disorders
 Caregiving Pulmonary rehab
 Health screenings Diabetes
 Cancer prevention Rehabilitation
 Cancer detection & treatment Heartburn-reflux
 Bone & joint care Pediatric services
 Men's health Wound care
 Health seminars Pain management
 Immunizations Open heart surg.
 Healthy lifestyles Nutrition
 Family health Breast disease
 Obesity Menopause
 Orthopedics Obstetrics
 Cardiac services Osteoporosis

enrollment options

New member Renewal
 One-year membership \$ 15 (H1)
 Two-year membership \$ 30 (H2)

Assign my membership to:

h2u at Palmyra Medical Centers (31050)

payment

Check or money order MasterCard Visa
(Make checks payable to H2U.)

ACCOUNT NUMBER EXPIRATION DATE

PRINT CARDHOLDER NAME

SIGNATURE DATE

gift information

If this is a gift, would you like to have a gift card sent in your name? Yes No

Who should receive renewal notices?

New Member Gift Giver

NAME OF GIFT GIVER

ADDRESS OF GIFT GIVER

CITY STATE ZIP CODE

four easy ways to enroll

- > Mail to h2u, PO Box 1300, Nashville, TN 37203
- > Call 800-771-0428 to charge by phone.
- > Forward to your local h2u affiliate.
- > Join online at www.h2u.com.

MEMBERSHIPS ARE NON-REFUNDABLE, NON-TRANSFERABLE AND PRIVILEGES ARE SUBJECT TO CHANGE WITHOUT NOTICE. 03/2008